



NAINA Newsletter

NATIONAL ASSOCIATION OF INDIAN NURSES OF AMERICA

Editorial Board

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Save the Date:

NAINA's 3rd Biennial Conference in New York!

The theme for this conference will be...
*‘Nurses at the Forefront of the
Healthcare Revolution: Challenges &
Opportunities’*

Venue: Tarrytown Westchester Marriot
670 White Plains Road, Tarrytown, NY 10591

Great CE opportunities!
Visit www.nainausa.com for more information

President's Message

Solymole Kuruvilla, PhD, ACNP, BC, NYSAFE
President NAINA



"I hope to continue to build upon the past and make our organization more effective and more recognized, not only as a leading professional association, but a change agent as well."

~Solymole Kuruvilla

First of all, please allow me to thank you all for your continued support and also for the confidence you gave all of your officers throughout the past year. I have seen the tireless work put in by the members of the board and their associated committees. These men and women truly do work hard behind the scenes which keeps our organization growing steadily.

Our accomplishments over the past year includes adding a new chapter in North Carolina, increasing membership in general, providing free educational sessions with contact hours on leadership, developing a mentoring program, obtaining more visibility for NAINA, giving charity to Japan earthquake victims, etc. just to name a few. I had the privilege and honor of delivering the keynote speech on the theme "Modern Challenges and Developments in Nursing Education and Practice" at the educational conference held by the Alumni Association of Caritas Nursing Institutions and at TMM Hospital for the hospital staff, faculty and students of both the school and college of nursing. This was certainly an opportunity to showcase NAINA and its mission!

Now looking forward, I hope to continue to build upon the past and make our organization more effective and more recognized, not only as a leading professional association, but a change agent as well. As you were already informed, we have started our preliminary work towards our 2012 NAINA educational conference which will be held on October 5th and 6th at the Tarrytown Westchester Marriot, NY. The conference registration kick off was held successfully on December 10, 2011 during INA-NY's holiday celebration. Please start planning to attend and make your contributions. Details will follow in future communication. Please take time to view our website, www.nainausa.com get the updates and become familiar with our organization's executive board and governing board.

Finally - we need you! It will be up to us as officers and you as members of this great organization to meet and rise above the challenges that are ahead of us. We need your help in increasing participation in your local chapters, as well as on the national level. Our organization will remain vibrant only with your partnership - even though you may live a bit far from your chapter, there's much you can do for the organization via outreach to potential new members, email, teleconferencing, and the telephone. I am confident that with God's help we will be successful in overcoming the challenges.

Letter from the Editor:

NAINA has had many accomplishments and educational opportunities for its members throughout this past year. The 3rd Biennial NAINA Conference will be held on October 5th & 6th 2012 at the Tarrytown Westchester Marriot in New York. The conference will provide participants with various educational seminars with the opportunity to receive CE hours, take part in activities, Alumni Night and much more.

The success of NAINA depends on the commitment of our members. Make sure and utilize the resources at your local chapter, as well as in the national and international level to enhance our profession. I hope you enjoy reading the articles and I wish you all a safe New Year 2012!



Sincerely,

Sibyl Philip, MSN, RN, FNP-BC

*Free Pre-Conference Seminar**Theme: Nurses Dare to Make a Difference*

Contact Hours will be provided!
Free Breakfast & Lunch is included

Key Note Speaker:
Kathleen Flaherty, EdD, RN, CRRN, CNE

March 17, 2012
8am-1pm
Royal Palace

77 Knollwood Road, White Plains, New York 10607

*Do you have an article
that you would like to
submit for publication in
one of the future issues?
If so, contact the Editor
at: sibyl613@yahoo.com*

Local News Section:

New Jersey American Association of Indian Nurses

Hosted a conference on the:

Impact of Healthcare Reform on Nursing Practice & Education

November 19, 2011, Clark, NJ: The American Association of Indian Nurses NJ2 (AAIN-NJ2) hosted their biannual conference at the Gran Centurion in Clark, New Jersey. The conference, which started with registration as early as 7:30am continued to be a full day's event and saw the participation of more than 150 registered nurses from the state of New Jersey and New York. The event began with an inaugural lamp lightening ceremony and welcome speech by President Thangamani Aravindan, remarks by Dr. Solymole Kuruvilla the President of NAINA, Assemblyman Upendra Chivukula and Dr. Naveen Mehrothra.

The theme of the conference was the Impact of Healthcare Reform on Nursing Practice and Education. There was a presentation from Dr. Mary Ann T. Donahue, Ph.D., RN, APN, NEA-BC, President of NJSNA, Vice President and Chief Nursing Executive, Jersey Shore University Medical Center-on the challenges and opportunities in nursing practice. Dr. Dula Pacquiao, the Professor and Director of the Center for Multicultural Education, Research and Practice, UMDNJ, spoke on reconceptualizing education on cultural competence in the context of healthcare reform, expanding the analysis of impact of healthcare reform and the innovative paradigms for development of cultural competence.

The AAIN-NJ2 is a professional organization of registered nurses, which started at the corporate level from the Saint Barnabas Health Care System. "As the largest group of health care professionals, nurses hold the key to implement effective healthcare system changes. Much of what nurses do directly addresses healthcare reform goals like providing quality care at a lower cost" said Thangamani Aravindan, President of AAIN-NJ2.

The mission of AAIN NJ2 is to unite nurses of Indian origin under one professional body, foster professional development, pursue higher education, gain knowledge, acquire skills and create opportunities for networking with other professional organizations and to be actively involved in local and national level activities. AAIN-NJ2 is actively involved in health fairs, the South Asian Health Survey – a project focusing on health trends among South Asians. The successful conference ended with a thank you note from Secretary Varsha Singh who stated that "we believe in being proactive about healthcare and therefore will be much more involved in the coming year". AAIN-NJ2 awarded Scholarships to two nursing students which was sponsored by Dr. Barbara Chamberlain, the Previous President of NJSNA.



Pennsylvania Indian American Nurses Organization

Greetings from Philadelphia!

The Pennsylvania Indian American Nurses Organization (PIANO) has held various local activities and meetings pertaining to the opportunities and service of nurses in the United States and in India. PIANO, along with the American Cancer Society, held its 7th annual Women's Health Awareness and Education Program for Asian American Women in Delaware Valley this past year. The goal of the event was to create awareness, educate, and provide access to mammography. This year we were focusing on women's health including breast health, nutrition, and exercise education in 10 different languages including Hindi, Gujarati and Malayalam. A total of 870 women attended this event and 115 people signed up for free mammograms which were scheduled with the local healthcare providers. PIANO also had a one day picnic for their members and families. PIANO also hosted a seminar that pertained to Alzheimer's disease, cancer awareness and where participants were able to sign up for free mammograms, which was cosponsored by PCA, Philadelphia Corporation of Aging.



PIANO's current office bearers:

President:	Mrs. Bridget Vincent MSN, CRNP, CCRN
Vice President:	Mariamamma Abraham RN, BSN, MS
Secretary:	Rosamma Padayatil RN, CCRN
Joint Secretary:	Ammukutty Gee Varghese RN
Treasurer:	Lila Mathews RN, BSN, TNCC
Joint Treasurer:	Valsa Thattarkunnel RN

Committee Members:

Mary Abraham RN, BSN	Alice Attupuram RN
Mariamamma Thomas RN	Salomi Paulose RN
Saramma Ipe RN	Susan Pallom RN
Molly Rajan RN	Leena Dominic RN
Bridget George, RN	

Recent Accomplishment:

*NAINA Congratulates Aney Paul, RN-C, MSN, MPH, PNP
Rockland County District 14 Legislator- Elect*

Aney Paul, the current NAINA advisory board member & INA-NY Advisory board chair has gained victory to the Rockland County – District 14 Legislature. Her hard work, determination, and persistence certainly led her to the victory. Mrs. Paul is the founder and first president of INA-NY and one of the founders of NAINA. NAINA is very proud of her accomplishment and wishes her success in all her future endeavors!



NAINA is a proud affiliate of AAPINA (Asian American/ Pacific Islander Nurses Association, Inc.) which in turn is affiliated with NCEMNA (National Coalition of Ethnic Minority Nurses Association)



We're on the Web!

*** www.nainausa.com ***

Even though we have made the effort to verify facts, it is possible that an error may have occurred. We will try to publish corrections in the following issue.